



# Acton-Boxborough Coalition For Healthy Youth

## ABCHY News & Updates

Our next Coalition meeting will be on **Thursday, December 1 at 9:30 AM** at Acton Town Hall (Room 204). Our guest speaker is Dawn Bentley, Ed. D, Assistant Superintendent for Student Services for the Acton Boxborough Regional School District. Dr. Bentley will discuss the Challenge Success Program. Please invite your professional colleagues to join us. An invitation will be sent via email.

## Danny's Place Youth Services News

DPYS has launched an exciting new program - a **Balanced Living Workshop Series for Teens!**

The workshops run from October 27 - December 15 in the evenings at DPYS and are open to all teens in Acton and Boxborough. Registration is free, but teens must pre-register at [www.dannys-place.org](http://www.dannys-place.org). The topics include: Time Management, Mindfulness, College Preparation, Organization Skills, Nutrition, Entrepreneurship, and Money Management.

DPYS has partnered with **The American Foundation for Suicide Prevention (AFSP)** to bring a lunch and learn workshop to the AB Community on **Tuesday, November 15th from 1-2 PM at the Gallery at Villageworks** (525 Mass Ave., Acton). The workshop titled **"Talk Saves Lives"** is a community based presentation that covers the general scope of suicide, the research on prevention, and what people can do to fight suicide. Attendees will learn the risk and warning signs of suicide. The workshop is free, but RSVPs are requested. Light refreshments will be provided. To reserve your seat, sign up at [www.dannys-place.org](http://www.dannys-place.org).



### TALK SAVES LIVES

#### A BRIEF INTRODUCTION TO SUICIDE PREVENTION

Learn the warning signs and risk factors of suicide, and how together, we can help prevent it.

November 15, 2016  
1-2 PM

Gallery at Villageworks  
525 Mass Ave., Acton  
Open to the public

Light refreshments served

RSVP: Please visit  
[www.dannys-place.org](http://www.dannys-place.org) to  
reserve your space



AMERICAN FOUNDATION FOR  
Suicide Prevention | [afsp.org](http://afsp.org)

## Community Events

Domestic Violence Services Network (DVSN) will be holding its annual **"Light in the Darkness Candlelight Vigil"** on **Thursday, October 27th at 6:30 PM** at Maynard High School (1 Tiger Dr., Maynard).

The Acton Boxborough Regional School District through the Family Learning Series presents Denise Pope, PhD and **"The Well-Balanced Student."** The event will take place on **Tuesday, November 8th from 7-8:30 PM** at the ABRHS Auditorium.

The **CHNA 15 Healthy Community Resource Forum** will be held on **Thursday, November 3rd**

**from 2- 4:30 PM** at Minuteman Senior Services (26 Crosby Dr., Bedford). The topic is Racial Bias and Race Equity - An Experiential Conversation.

If you would like to be unsubscribed from this email list, please send a message with unsubscribe in the subject line to [abchyworks@gmail.com](mailto:abchyworks@gmail.com). If you were forwarded this email and would like to be added to the email list, please send a message with subscribe in the subject line to [abchyworks@gmail.com](mailto:abchyworks@gmail.com).

---

Acton Boxborough Coalition for Healthy Youth - A Program of Danny's Place Youth Services  
525 Mass Ave. Suite A, Acton, MA 01720  
[www.dannys-place.org](http://www.dannys-place.org)  
[abchyworks@gmail.com](mailto:abchyworks@gmail.com)

STAY CONNECTED:

